
**Test Bank for Needs Fundamentals of Mental Health Nursing 4th
Edition by Gorman and anwar**

Sample

Chapter 5: Sociocultural Influences on Mental Health

Multiple Choice

Identify the choice that best completes the statement or answers the question.

_____ 1. Which of the following is appropriate with a patient who is homeless?

- A. Treat patients according to their ability to pay.
- B. The homeless patient is only treated in the emergency room—they should not be admitted unless life threatening condition; never admit them to the unit.
- C. Treat the homeless patient as you would treat any patient.
- D. Some parts of the Patient Bill of Rights do not apply to the homeless.

_____ 2. A student recently moved from the Middle East and is attending a new school in the United States, where he is excluded from conversations pertaining to the Christmas

holidays. The students assume that the new student doesn't understand anything about the holiday. The students are most likely doing what to this new student?

A. Being hateful

B. Showing prejudice

C. Believing stereotypes

D. Being rude

____3. According to Diana Baumrind, there are three types of parenting. When the parent sets up the rules and others have no voice, this is known as:

A. Permissive parent.

B. Authoritarian parent.

C. Authoritative parent.

D. Administrative parent.

____4. According to Diana Baumrind, there are three types of parenting. When the parent provides a minimum amount of structure and the child does not learn any boundaries, this type of parenting is known as:

A. Permissive parent.

B. Authoritarian parent.

C. Authoritative parent.

D. Administrative parent.

____5. Janet, an African American female, fell at the mall shopping and was transported to an urgent care center to be examined. The x-rays were negative for fracture and Janet was not prescribed anything for her pain. At the urgent care center where Janet was treated, the health care providers were aware that this type of injury can be painful. According to recent studies within health care, failure to offer Janet pain medication could be a form of:

A. Prejudice.

B. Ethnocentrism.

C. Stereotype.

D. Malpractice.

_____ 6. Cultural competency is

- A. The responsibility of the patient.
- B. The nurse being competent in his or her own culture
- C. The nurse being able to adapt care to meet the needs of patients from different backgrounds.
- D. A written test required for all Americans.

Completion

Complete each statement.

7. _____ is a shared way of life and the combination of traditions and beliefs that that make a group of people bond together.
8. A person's personal traits are defined by some of these factors (name two)
_____.
9. _____ is judging a person or a situation before all the facts are available.

10. A mother, a father, and biological children were once known as the _____
_____.

Multiple Response

Identify one or more choices that best complete the statement or answer the question.

_____ 11. The following are classified as a nontraditional family (select all that apply):

- A. Single-parent family
- B. Blended family
- C. Mother, father, and biological children
- D. Gay family

True/False

Indicate whether the statement is true or false.

_____ 12. Culture is the same as ethnicity.

Chapter 5: Sociocultural Influences on Mental

Health Answer Section

MULTIPLE CHOICE

1. ANS: C

Homelessness is not considered a mental illness but can be a stressor to the patient. This patient must be treated the same as any other patient.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Homelessness; page 82

KEY: Integrated Processes: Caring | Content Area: Cultural Diversity | Cognitive Level: Application

2. ANS: C

Stereotype is a fixed belief about a group of people. These students may have believed that someone from the Middle East is not Christian and has no interest in Christmas holiday.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Culture; page 77

KEY: Integrated Processes: Caring | Content Area: Cultural Diversity | Cognitive Level: Application

3. ANS: B

The authoritarian parent makes all of the decisions; the children do not have a voice in this family.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Poor Parenting; page 83

KEY: Integrated Processes: Teaching/Learning | Content Area: Growth and Development | Cognitive Level: Comprehension

4. ANS: A

This type of parenting has very little structure and few guidelines.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Poor Parenting; page 84

KEY: Integrated Processes: Teaching/Learning | Content Area: Growth and Development | Cognitive Level: Comprehension

5. ANS: A

A study at Emory University found that African Americans at times were offered less pain medication than other ethnicities. If the basis for this was race, that is prejudice.

PTS: 1 REF: Chapter 5: Sociocultural Influence on Mental Health; Ethnicity; page 78

KEY: Integrated Processes: Caring | Content Area: Nursing Ethics | Cognitive Level: Application

6. ANS: C

Cultural competency implies that the nurse is able to adapt care to the needs of patients from different cultures.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health;
Culture; page 76

KEY: Integrated Processes: Teaching/Learning | Content Area: Cultural Diversity |
Cognitive Level: Comprehension | Client Need: Psychosocial Integrity:
Cultural Diversity

COMPLETION

7. ANS:

Culture

Culture is not based on skin color or religion but rather on shared aspects of the identified group.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health;
Culture; page 75

KEY: Integrated Processes: Teaching/Learning | Content Area: Cultural Diversity |
Cognitive Level: Knowledge

8. ANS:

Ethnicity, culture, religion, family history, life experience

There are many contributors to one's personal traits and ethnicity is an important part. Ethnicity is made up of one's language, country of origin, and skin color. Other factors include culture, religion, family history, and life experience.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health;
Ethnicity; page 78

KEY: Integrated Processes: Teaching/Learning | Content Area: Cultural Diversity |
Cognitive Level: Comprehension

9. ANS:

Prejudice

Prejudice can take place in health care when people make judgments about a patient based on minimal data such as age, skin color, and mental status.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Ethnicity; page 78

KEY: Integrated Processes: Teaching/Learning | Content Area: Cultural Diversity | Cognitive Level: Knowledge

10. ANS:

traditional or nuclear family

The definition of the —traditional family| has changed. Nontraditional lifestyles have expanded the definition of family.

PTS: 1

REF: Chapter 5: Sociocultural Influences on Mental Health; Nontraditional Lifestyles; page 80

KEY: Integrated Processes: Caring | Content Area: Adolescent, Child, Adult, Aging | Cognitive Level: Knowledge

MULTIPLE RESPONSE

11. ANS: A, B, D

The nontraditional family has selected the lifestyle in which they feel the most comfortable.

PTS: 1

REF: Chapter 5: Sociocultural Influences on Mental Health; Nontraditional Lifestyle;
page 79

KEY: Integrated Processes: Caring | Content Area: Cultural Diversity | Cognitive Level:
Application

TRUE/FALSE

12. ANS: F

Culture is a shared way of life, the combination of traditions and beliefs that make a group of people bond together. It is unrelated to country of origin, race, or skin color.

PTS: 1 REF: Chapter 5: Sociocultural Influences on Mental Health; Culture; page
75 and 78

KEY: Integrated Processes: Teaching/Learning | Content Area: Cultural Diversity |
Cognitive Level: Comprehension | Client Need: Psychosocial Integrity:
Cultural Diversity

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