

Chapter 01: The Nursing Assistant Working in Long-Term Care
Kostelnick: Mosby's Textbook for Long-Term Care Nursing Assistants, 7th Edition

MULTIPLE CHOICE

1. Not relying on or requiring care from others is
- a. Deconditioning
 - b. Independence
 - c. Self-care
 - d. Hospice

ANS: B PTS: 1 REF: 1

2. An acute illness is a(n)
- a. Sudden illness from which a person should recover
 - b. On-going illness for which there is no known cure
 - c. Illness that is slow or gradual in onset
 - d. Illness for which there is no reasonable expectation of recovery

ANS: A PTS: 1 REF: 1

3. An on-going illness that is slow or gradual in onset and for which there is no known cure is a(n) _____ illness.
- a. Acute
 - b. Chronic
 - c. Terminal
 - d. Physical

ANS: B PTS: 1 REF: 1

4. A nursing task is
- a. A nursing care pattern focusing on jobs
 - b. A nursing care pattern in which an RN is responsible for the person's total care
 - c. Care or a function that can be delegated to nursing assistants
 - d. A service that is moved from departments to the bedside

ANS: C PTS: 1 REF: 1

5. The duty or obligation to perform some act or function is known as
- a. Accountability
 - b. Responsibility
 - c. Delegation
 - d. Patient-focused care

ANS: B PTS: 1 REF: 1

6. Persons living in long-term care centers are called
- a. Patients
 - b. Tenants
 - c. Residents
 - d. Individuals

ANS: C PTS: 1 REF: 1

7. Persons receiving care on assisted living units are called
- a. Tenants
 - b. Clients or customers
 - c. Patients
 - d. Residents

ANS: A PTS: 1 REF: 1

8. Who is responsible for the entire nursing staff in a nursing center organization?

- a. Nurse manager
- b. Charge nurse
- c. Staff nurse
- d. Director of nursing

ANS: D PTS: 1 REF: 3-4

9. An assisted living facility

- a. Provides two-three meals a day and housekeeping and laundry services
- b. Is for persons with terminal illnesses
- c. Provides complex on-going rehabilitation
- d. Is for persons with chronic mental illness

ANS: A PTS: 1 REF: 2

10. Which of the following individuals give basic nursing care under the supervision of a licensed nurse?

- a. Nurse practitioners
- b. Social workers
- c. Nursing assistants
- d. Clinical laboratory technologists

ANS: C PTS: 1 REF: 5-6

11. By law, nursing centers must have a medical director, known as which member of the healthcare team?

- a. Doctor
- b. Director of Nursing
- c. Charge Nurse
- d. Hospital Administrator

ANS: A PTS: 1 REF: 5-6

12. Which health team members assess, make nursing diagnoses, plan, implement, and evaluate nursing care?

- a. Physicians
- b. RNs
- c. LPNs
- d. Nursing assistants

ANS: B PTS: 1 REF: 5-6

13. You are part of the

- a. Health team and the nursing team
- b. Board of trustees
- c. Case management team
- d. Prospective payment system

ANS: A PTS: 1 REF: 4-5

14. LPNs/LVNs are supervised by licensed

- a. Physicians, dentists, and RNs
- b. Physical therapists and occupational therapists
- c. Agency administrators
- d. Social workers, pharmacists, and RNs

ANS: A PTS: 1 REF: 4-5

15. Which health team member is responsible for diagnosing and treating diseases and injuries?
- a. Physician
 - b. Nurse practitioner
 - c. RN
 - d. Physician's assistant
- ANS: A PTS: 1 REF: 5-6
16. Which health team member assesses and plans for the nutritional needs of residents?
- a. RN
 - b. Dietitian
 - c. Pharmacist
 - d. Physician
- ANS: B PTS: 1 REF: 5-6
17. Which health team member helps residents and families with social, emotional, and environmental issues affecting illness and recovery?
- a. Speech-language pathologist
 - b. Podiatrist
 - c. Activities director
 - d. Social worker
- ANS: D PTS: 1 REF: 5-6
18. A hospice is a
- a. Skilled nursing facility
 - b. Home health care agency
 - c. Health care program for persons who present dangers to themselves or others
 - d. Health care agency or program for persons who are terminally ill
- ANS: D PTS: 1 REF: 3
19. A federal health insurance program for persons 65 years of age and older, or for younger people with certain disabilities is
- a. Private insurance
 - b. Group insurance
 - c. An HMO
 - d. Medicare
- ANS: D PTS: 1 REF: 6-8
20. Medicaid is a
- a. Preferred provider organization
 - b. Private insurance plan purchased by individuals
 - c. Federal health insurance program for persons with disabilities
 - d. Health care payment program sponsored by the federal government and operated by the states
- ANS: D PTS: 1 REF: 6-8
21. The overall goal of the interdisciplinary health team is to
- a. Provide quality resident care
 - b. Carry out the physician's orders
 - c. Develop care plans for residents
 - d. Follow center policies and procedures
- ANS: A PTS: 1 REF: 5

22. What must a nursing center have to operate and provide care?
- a. A certificate
 - b. Accreditation
 - c. Policies and procedures
 - d. A license
- ANS: D PTS: 1 REF: 8
23. Accreditation for nursing centers is
- a. A voluntary process that signals quality and excellence
 - b. Required to receive Medicare and Medicaid funds
 - c. A federal requirement for a nursing center to operate
 - d. A process required by preferred providers
- ANS: A PTS: 1 REF: 8
24. You have an important role in meeting standards and in the survey process. You must do which of the following?
- a. Avoid speaking with the surveyors
 - b. Interview residents and families
 - c. Defer any questions asked to the charge nurse
 - d. Follow center policies and procedures
- ANS: D PTS: 1 REF: 8
25. Surveys are done to see if the center meets set standards. Your role in the survey process involves which of the following?
- a. Having good work ethics
 - b. Making sure all staff meet state requirements
 - c. Deciding if the center meets the standards
 - d. Reviewing the nursing department budget
- ANS: A PTS: 1 REF: 8
26. Who of the following could act as the case manager in the long-term care setting?
- a. Registered nurse
 - b. Nursing assistant
 - c. Occupational therapy assistant
 - d. Medical physician
- ANS: A PTS: 1 REF: 5
27. Case managers are allowed to communicate with insurance companies.
- a. True
 - b. False
- ANS: A PTS: 1 REF: 5
28. What protects the public from persons practicing nursing without a license?
- a. OBRA
 - b. The Older Americans Act
 - c. A state's nurse practice act
 - d. Criminal law
- ANS: C PTS: 1 REF: 9-10

29. How many hours of instruction for nursing assistant training does OBRA require?

- a. At least 16
- b. At least 32
- c. At least 48
- d. At least 75

ANS: D PTS: 1 REF: 9-10

30. OBRA requires training and a competency evaluation for nursing assistants working in

- a. Day cares
- b. Nursing centers
- c. Hospices
- d. Doctors' offices

ANS: B PTS: 1 REF: 9-10

31. The competency evaluation required by OBRA involves a

- a. Written test only
- b. Skills test only
- c. Written test and a skills test
- d. Licensing examination

ANS: C PTS: 1 REF: 9-10

32. How many testing attempts does OBRA allow?

- a. 1
- b. At least 2
- c. At least 3
- d. At least 4

ANS: C PTS: 1 REF: 9-10

33. The nursing assistant registry includes information about

- a. Prior elementary education
- b. Children
- c. Marriages
- d. Findings of abuse, neglect, or dishonest use of property

ANS: D PTS: 1 REF: 10

34. OBRA requires retraining and/or a new competency evaluation for persons who

- a. Have not worked as a nursing assistant for 24 months
- b. Were found guilty of abuse or neglect
- c. Were convicted of a crime
- d. Did not have good performance evaluations

ANS: A PTS: 1 REF: 10

35. As a nursing assistant, you can

- a. Report changes in the person's condition to the nurse
- b. Give drugs and insert tubes into body openings
- c. Take verbal or telephone orders from doctors
- d. Discuss the person's diagnosis with the family

ANS: A PTS: 1 REF: 11-12

36. A nurse asks you to perform a task that is beyond the legal limits of your role. You should

- a. Perform the task so that you do not lose your job
- b. Politely refuse and explain why
- c. Ignore the request
- d. Think about it for a few days

ANS: B PTS: 1 REF: 16-17

37. Which of the following indicates what your employer expects you to do?
- a. Your job description
 - b. The state nurse practice act
 - c. OBRA
 - d. Code of ethics
- ANS: A PTS: 1 REF: 12-13
38. A nurse can delegate
- a. Responsibilities
 - b. Accountability
 - c. The Five Rights of Delegation
 - d. Tasks
- ANS: D PTS: 1 REF: 13
39. Which nursing team members cannot delegate?
- a. RNs
 - b. LPNs
 - c. LVNs
 - d. Nursing assistants
- ANS: D PTS: 1 REF: 13
40. Before a nurse delegates a task to you, the nurse must know which of the following?
- a. If the task fits into your schedule for the day
 - b. If you are willing to perform the task
 - c. What kind of degree the nurse has
 - d. What tasks your state allows nursing assistants to perform
- ANS: D PTS: 1 REF: 13-16
41. Certification of the nursing assistant is maintained at the _____ level.
- a. Local
 - b. State
 - c. Federal
 - d. Community
- ANS: B PTS: 1 REF: 11
42. The duty or obligation to perform some act or function is
- a. Accountability
 - b. Responsibility
 - c. Defamation
 - d. Malpractice
- ANS: B PTS: 1 REF: 1
43. Does a nurse have to delegate a task to you?
- a. Yes, if the task is in your job description.
 - b. Yes, if the nurse teaches you how to perform the task.
 - c. No. The nurse makes delegation decisions that are best for the person.
 - d. No. The nurse performs the task unless he or she is busy.
- ANS: C PTS: 1 REF: 13-16

44. The Five Rights of Delegation involve the
- a. Right task, the right circumstances, the right person, the right directions and communication, and the right supervision
 - b. Right law, the right job description, the right policies and procedures, the right supervision
 - c. Right task, the right job description, the right person, the right training, and the right supervision
 - d. Right job description, the right task, the right person, the right directions and communication, and the right supervision

ANS: A PTS: 1 REF: 16

45. A nurse asks you to do a urinary catheterization. This involves sterile technique and inserting a tube into the person's bladder. The nurse gives you very clear instructions. What should you do?
- a. Perform the task. The nurse's directions were clear.
 - b. Perform the task if the nurse is available to answer questions.
 - c. Refuse the task. It is beyond the legal limits of your role.
 - d. Perform the task if another nursing assistant can help you.

ANS: C PTS: 1 REF: 16-17

46. You can refuse to do a delegated task if
- a. You are too busy
 - b. You do not like the task
 - c. It is the end of your shift and you are ready to go home
 - d. The task is not in your job description

ANS: D PTS: 1 REF: 16-17