

Chapter 2 The Philosophy of Individual Worth

Match each of the terms below with the appropriate sentence.

- | | |
|---------------------|------------------------|
| a. Affluent | b. Cultural competence |
| c. Philosophy | d. Socioeconomic |
| e. Value system | f. Cultural bias |
| g. Individual worth | h. Prejudice |
| i. Superstition | |

QUESTION TYPE: Matching

HAS VARIABLES: False

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1. Making judgments about a person because of his or her *culture* is known as _____.

ANSWER: f

POINTS: 1

2. People who have little knowledge of the human body, health practices, and modern healthcare methods are likely to believe the _____ of their culture.

ANSWER: i

POINTS: 1

3. To become an effective health care professional, it is necessary to practice the _____ of individual worth by treating all patients with respect regardless of their background or lifestyle.

ANSWER: c

POINTS: 1

4. _____ is a negative feeling or opinion toward a person or group based on race, gender, culture, or sexual preference.

ANSWER: h

POINTS: 1

5. _____ includes awareness of your own beliefs about and attitudes towards other cultures or groups and accepting others' cultures, beliefs, and lifestyles, even if different from yours.

ANSWER: b

POINTS: 1

6. Each _____ class within a society has its own customs and standards of living,

ANSWER: d

POINTS: 1

7. A person's _____ includes the beliefs, goals, and moral standards that he or she lives by.

ANSWER: e

POINTS: 1

8. Patients from the _____ class may be accustomed to the best service or may resent interruptions in their lives caused by illness.

ANSWER: a

POINTS: 1

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9. The philosophy of _____ states that all people have value and have the right to be accepted as unique individuals.

ANSWER: g

POINTS: 1

10. The poverty class, the middle class, and the affluent class are different _____ groups, each of which has its own customs, values, and interests.

- a. cultural
- b. racial
- c. socioeconomic
- d. financial

ANSWER: c

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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11. One way to better understand a patient who seems different is to

- a. provide the patient with more information about his or her condition.
- b. try to see the situation as the patient sees it.
- c. ask a coworker why the patient acts in a particular way.
- d. research the patient's culture.

ANSWER: b

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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12. Accepting patients just as they are means that you

- a. avoid judging them.
- b. see them as unique individuals.
- c. do not allow your initial feelings toward those who are different to interfere with serving them.
- d. all of the above

ANSWER: d

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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13. Which statement is consistent with the philosophy of individual worth?

- a. "I dread checking on that Mr. B. He sure is weird."
- b. "No wonder that woman has problems! She has six children, each fathered by a different man!"

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- c. "Why do you eat all that tofu? Can't you just order a hamburger?" (to a co-worker at lunch)
- d. "That woman doesn't believe in vaccinating her children. She must not care what happens to them."
- e. none of the above

ANSWER: e

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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14. A subclass is a group within the larger society that is characterized by its own
- a. language or dialect.
 - b. customs and traditions.
 - c. beliefs and values.
 - d. all of the above

ANSWER: d

POINTS: 1

QUESTION TYPE: Multiple Choice

HAS VARIABLES: False

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15. Write a sentence explaining the philosophy of individual worth.

ANSWER: Answers will vary. Sample Answer: The philosophy of individual worth is the belief that everyone, regardless of personal circumstances or personal qualities, has worth and is entitled to respect as a human being.

POINTS: 1

QUESTION TYPE: Subjective Short Answer

HAS VARIABLES: False

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16. What does the philosophy of personal worth mean for health care professionals?

ANSWER: Answers will vary. Sample answer: Health care professionals do not have the right to judge others who are of a different race, nationality, religion, sex, age, socioeconomic level, or lifestyle. The quality of service provided should be the same for all patients.

POINTS: 1

QUESTION TYPE: Subjective Short Answer

HAS VARIABLES: False

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17. Explain why understanding your own beliefs and attitudes toward various cultural groups is an important step in developing cultural competence.

ANSWER: Answers will vary. Sample Answer: We all have beliefs and attitudes that have been shaped by our upbringing or by past experiences. By identifying any negative beliefs we hold about other groups

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of people, we can make an effort to overcome those negative beliefs and to accept others who are different from ourselves.

POINTS: 1

QUESTION TYPE: Subjective Short Answer

HAS VARIABLES: False

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18. Why is it important to use clear, understandable language when talking to patients from another culture?

ANSWER: Answers will vary. Sample Answer: Some patients may speak little or no English. Even those who do speak English may not be familiar with medical and health care terminology.

POINTS: 1

QUESTION TYPE: Subjective Short Answer

HAS VARIABLES: False

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19. A 10-year-old patient uses slang and profanity when talking to you even though she does not appear to be upset or angry. What is one possible explanation for her use of such language?

ANSWER: Answers will vary. Sample answer: The child may be accustomed to using this language; she may hear it frequently at home and in her community.

POINTS: 1

QUESTION TYPE: Subjective Short Answer

HAS VARIABLES: False

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20. Identify one group or subclass you belong to based on your religion, race, nationality, or economic level. Write one to two paragraphs explaining the primary values of this subgroup and how this subgroup differs from others.

ANSWER: Answers will vary.

POINTS: 1

QUESTION TYPE: Essay

HAS VARIABLES: False

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21. Consider the following situations. Describe your personal feelings about each and discuss how you could apply the philosophy of individual worth to each scenario.

- i. A young woman breast-feeds her 2-year-old child while sitting in the waiting room of a clinic.
- ii. A hospitalized patient tells you that a group from his church is coming to do a "laying on of hands" for him.
- iii. A patient tells you, "I know why I got this cancer. It's my karma."
- iv. A 30-year-old man comes to the emergency room complaining of severe abdominal pain. Most of his body is covered with tattoos and he has several body piercings. He informs the staff that he does not have health insurance.

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ANSWER: Answers will vary.

POINTS: 1

QUESTION TYPE: Essay

HAS VARIABLES: False

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22. What are some factors that all people have in common regardless of differences in background?

ANSWER: Answers will vary. Sample answer: All people have hopes, dreams, problems, worries, and frustrations. Everyone has feelings and needs, which they seek to have met as best they can. Family and friends are important to almost everyone as well. Finally, all people experience grief and loss at some point in their lives.

POINTS: 1

QUESTION TYPE: Essay

HAS VARIABLES: False

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23. Describe a time when you formed a first impression of someone, only to find out later that your first impression was incorrect.

ANSWER: Answers will vary.

POINTS: 1

QUESTION TYPE: Essay

HAS VARIABLES: False

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24. Have you ever felt judged by someone else because of a group to which you belong? Describe your experience.

ANSWER: Answers will vary.

POINTS: 1

QUESTION TYPE: Essay

HAS VARIABLES: False

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